



## PSHE - Feelings

Listen to a story about feelings  
e.g. The Colour Monster by Anna  
Llenas

Make a list of all the feelings you  
know.



Choose 3 of those feelings. For  
each one can you

- Make your face show that  
feeling
- Act out a scene that might  
make a person feel that  
way
- Think about how you would  
react if your friend was  
feeling that way

### Challenge

Choose one emotion and write a  
short story about a child who is  
feeling that way and what  
happens.

## RE - Islam

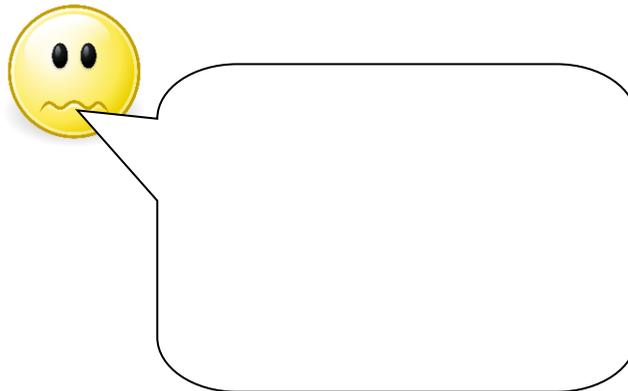
*What animal do you think most  
important to God and why?*

Listen to this stories

- \* The Islamic Story of The Prophet  
and the Ants
- \* The Crying Camel

<https://www.bbc.co.uk/bitesize/clips/z9tqb82>

Now think again about the question above and  
answer it in a speech bubble.



## PE

Use a timer and find out  
how many seconds (or  
minutes and seconds) it  
takes you to do each of  
these things:

- Do 5 shuttle runs  
(short runs up &  
down)
- Walk 50 steps
- Go up and down your  
stairs 3 times
- Touch all 4 walls in  
one room
- Get from the kettle  
to the sofa and back  
twice
- Do 20 star jumps
- Touch your toes 15  
times (laying flat on  
your back)

### Challenge

Can you do them faster the  
next day?

## History

Make a timeline of your life so  
far. Remember our word  
'chronological' - Things that  
happened the longest time ago  
go on the start of the line and  
things that happened recently  
go on the right hand end of the  
line.

Oldest

Newest

Try to include important things  
that have happened to you like

- Being born
- Learning to walk
- Learning to ride a bike
- First tooth fell out
- Started school
- Moved house
- Got a brother/sister

You can draw pictures of each  
thing, or use words.

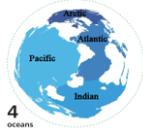
### Challenge

Add the months/years things  
happened to your time line.



## Geography

Using an atlas, globe or a world map locate the



world's seven continents and label them on the **attached map** of the world.

Then find the five oceans and write their names on your map.

### Challenge

Answer these

Which is the biggest continent?

Which sea is to our West?

Which continent do we live on?

## Music/Science

Songs can help us to learn facts. Listen to this song about the Polar Regions and the animals that live there.

<https://oneday.uno/player/?token=18875iFeLg6LEuD TJXYW&video=AAQcKEH q2TIEWprA9H13>

Try to learn the words to at least one verse of the song. You can record yourself singing if you like.

### Challenge

Create an additional verse for a different polar animal such as an Arctic Fox or Antarctic Seals.

## Science - Animal habitats



Using Oak Academy complete the lessons on Animal Habitats

<https://classroom.thenationalacademy/units/habitats-c850>

For each lesson

- Complete the quiz
- Watch the video

Take part in the tasks in your book.

### Challenge

Can you self-mark your work in green pen/pencil?

## Computing

Use Purple Mash  
Go to:



English

Go to:



2Create a Story

Choose a story that you have read at home or school and retell it using either: (there are tutorials on there to help you)



My Story



My Adventure Story

Include

- Backgrounds
- Characters
- Movement
- Words/speech recording

## Science

Find out what a microhabitat is.



Choose an insect and find out about where it lives.

Make a model of a habitat suitable for an insect of your choice.

Here are some ideas:

<https://www.bbc.co.uk/bitesize/clips/zf6mhyc>

### Challenge

Add labels to show where it will get the things it needs to survive from



## Art - Self-Portrait

<https://www.bbc.co.uk/teach/class-clips-video/how-to-draw-a-portrait/zk28qp3>

Need: Pencils and colouring pencils, a mirror.

Use the mirror to look at yourself

1. Draw the shape of your head - is it circle, oval, square with rounded corners?
2. Look at where your eyes are on your head and carefully draw them in place - look carefully at the shape - they are not round.
3. Put your nose in the correct place, looking carefully at the shape.
4. Look at the shape and size of your mouth compared with your eyes and draw it on carefully.
5. Look at where your ears are in relation to you eyes - are they higher/lower/in line? Draw them in carefully.

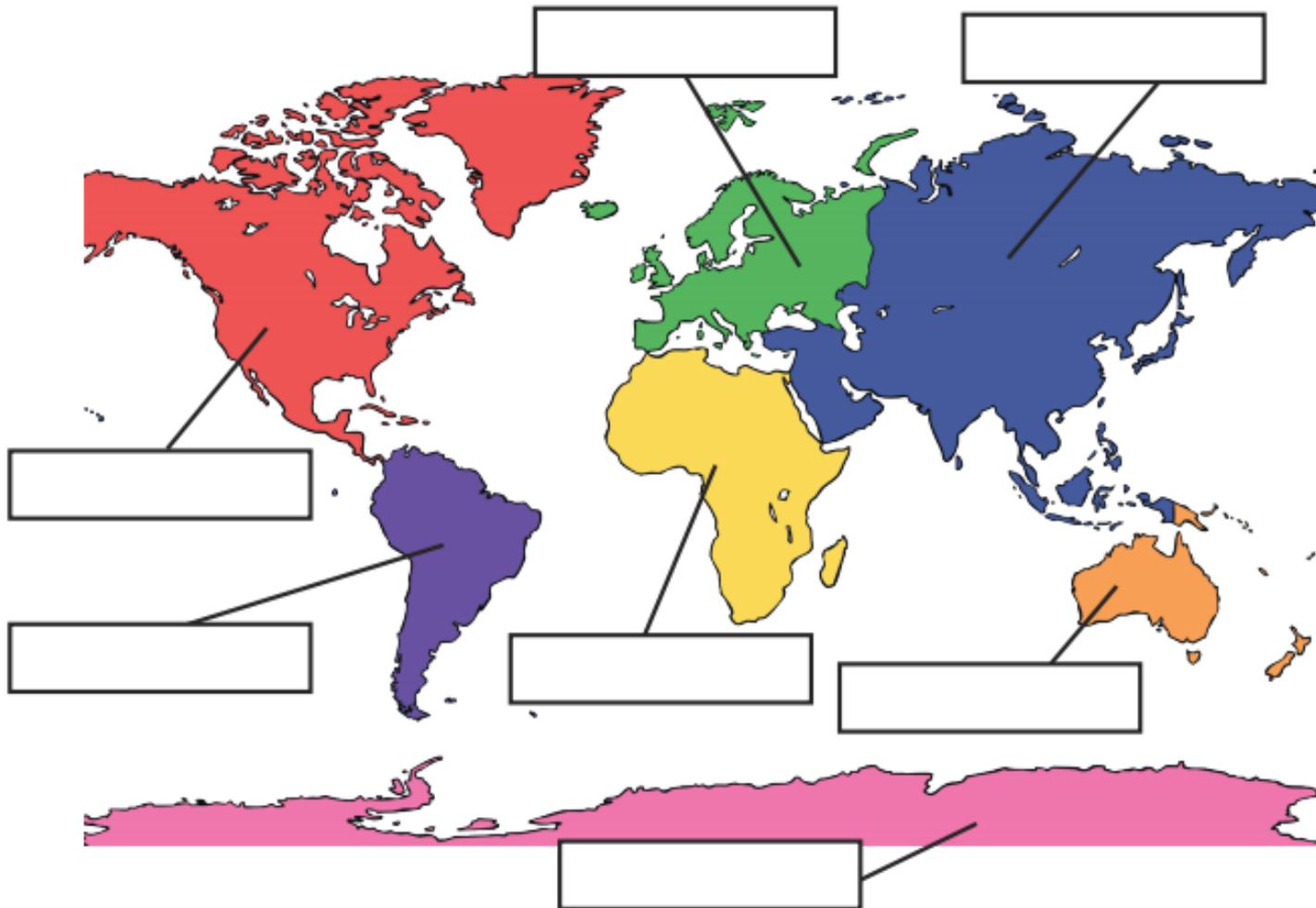


### Challenge

Look carefully at the colours on your skin, eyes, hair and mouth - can you use colours as close to these as possible?



# The Seven Continents of the World



**Word Bank**

North America

South America

Africa

Antarctica

Australia

Europe

Asia