

Monday



Pork Sausages (G.SU)

or



(v) Chinese Style Quorn Noodles (E.G.)

Every day choose from:



(v) Jacket Potato with Cheese (D.)

or

or



Tuna Mayo Sandwich (F.E.G.SB.), Cheese, Crackers and Apple (G.D.), Juice Carton

Tuesday



BBQ Chicken Fillet Wrap (G.)

or



(v) Farmhouse Omelette (D.E.)



Jacket Potato with Tuna Mayonnaise (E.F.)

or

or



Turkey Soft Bap (G.) Iced Mandarin Sponge (G.E.), Milkshake (D.)

Wednesday



Roast Pork or Gammon

or



(v) Vegetarian Toad in the Hole (G.D.E.)



(v) Jacket Potato with Cheese and Beans (D.)

or



(v) Cheese Soft Bap (D.G.) Ice Cream Tub (D.), Juice Carton

Thursday



Pasta Bolognese (G.) Optional Cheese (D.)

or



(v) Cheddar Cheese and Potato Pie (D.E.)

or



Sliced Ham Sandwich (SB.G.) Homemade Crunch Cookie (G) Fresh Fruit, Milkshake (D.)

Friday



*Crispy Fishcake (F.G.SB.)

or



(v) Rustic Margherita Pizza (D.G.)

or



(v) Egg Mayonnaise & Cress Soft Bap (G.E.) Sticky Ginger Cake (G.E.), Fresh Fruit, Milkshake (D.)

Week 1 Dessert Menu

Every day we offer:

(v) Yeo Valley organic yoghurt, (D.) or fresh fruit as alternative dessert options

Monday

(v) Strawberry Swirl Mousse (D.)
(v) Cheddar Cheese, Crackers and Apple Wedge (G.D.)

Tuesday

(v,h) Homemade Iced Mandarin Sponge (G.E.)

Wednesday

(v,h) Apple Pie (G.) with Custard (D.)
Ice Cream Tub (D.)

Thursday

(v) Chocolate Mousse with Fruit in Juice (D.)
(vg) Homemade Crunch Cookie (G.)

Friday

(v) Homemade Sticky Ginger Cake (G.E.)

PLEASE NOTE All Deli Bags are served with either Vegetable Sticks or Salad

All our meals include a carbohydrate accompaniment, seasonal vegetables and/or salad. We offer a choice of fruit juice cordial, organic semi skimmed milk and water to drink.

Accompaniments may vary to those shown in the photographs.

Key

vg = vegan

V = vegetarian

D = Dairy

N = Coconut/Nuts

S = Sesame

E = Egg

G = Gluten/wheat

F = Fish

M = Mustard

SB = Soya

SU = Sulphites

*Salmon and Sweet Potato

Allergies

Please contact your school cook for information regarding the content of dishes and products on our menu.